|  |  |
| --- | --- |
| **Lifestyle advice** | Description: Percentage of population who received lifestyle advice from a doctor or health worker during the past three years among all population |
| Instrument question: H20a-f: During the past three years, has a doctor or other health worker advised you to do any of the following? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Advised by doctor or health worker to quit using tobacco or don’t start** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % advised | 95% CI | n | % advised | 95% CI | n | % advised | 95% CI |
| 18-29 | 199 | 16.3 | 10.3 - 24.7 | 509 | 14.1 | 8.7 - 22.1 | 708 | 14.7 | 10.2 - 20.7 |
| 30-44 | 278 | 25.2 | 18.3 - 33.8 | 565 | 14.1 | 9.9 - 19.6 | 843 | 17.7 | 13.9 - 22.1 |
| 45-59 | 135 | 17.2 | 8.5 - 31.7 | 257 | 9.9 | 5.3 - 17.8 | 392 | 12.5 | 8.0 - 19.0 |
| 45-69 | 126 | 52.1 | 42.0 - 62.0 | 283 | 40.7 | 33.4 - 48.4 | 409 | 45.6 | 39.7 - 51.6 |
| 60-69 | 60 | 31.9 | 11.3 - 63.2 | 163 | 14.3 | 7.0 - 27.1 | 223 | 22.0 | 10.7 - 40.0 |
| **Total** | **798** | **25.5** | **21.3 - 30.3** | **1777** | **16.2** | **13.0 - 20.0** | **2575** | **19.2** | **16.7 - 22.1** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 478 | 22.3 | 17.0 - 28.8 | 1134 | 13.1 | 9.3 - 18.3 | 1612 | 15.8 | 12.6 - 19.6 |
| Urban | 320 | 30.3 | 24.1 - 37.3 | 643 | 23.3 | 18.5 - 28.8 | 963 | 26.0 | 22.3 - 30.1 |